

Curriculum Vitae

Dear Sir,

I have the honor to send you the following curriculum vitae, showing you my personal data and previous experiences.

Best regards,

Dr.Ahmed Hamed Ismail Ahmed

PERSONAL DATA:

Name : Ahmed Hamed Ismail Ahmed

Date of Birth : 27th feb. 1981

Address : El-Minia- Egypt

Telephone. : Home 002 086 2200621 Mobile 002 01009174039

Clinic 002 086 2352710 Hospital 002 086 2342505

E-mail : ahmedrheumatology2000@yahoo.com

Marital status : Married with three daughters.

CERTIFICATES:

M.B.B.CH. : December 2004

MSc: In Rheumatology & Rehabilitation, Minia University, Egypt, in July 2009.

Thesis: "Immunoglobulin A Deficiency in Patients with Systemic Lupus Erythematosus"

MD: In Rheumatology & Rehabilitation, Minia University, Egypt, in June 2015.

Thesis: "Early Detection and Outcome Prediction of Juvenile Idiopathic Arthritis"

EXPERIENCE:

- * House officer in Minia University Hospital from 1.3.2005 to 28.2.2006
- * Resident in Rheumatology & Rehabilitation department, Minia University Hospital from 1.3.2006 to 28.2.2010
- * Assistant Lecturer of Rheumatology & Rehabilitation in Minia University from 6.12.2010 to 27.7.2015.
- * Lecturer of Rheumatology & Rehabilitation in Minia University from 28.7.2015 till now.
- *Private work: Director of Rheumatology and Rehabilitation Centre with Rheumatology clinic and physiotherapy unit, Musculoskeletal Ultrasonography unit, Unit of local joint injection and soft tissue injection, and sonar guided intraarticular injection unit.
- *Worked at physical medicine and rehabilitation hospital in Kuwait for 3 months (locum visit) from 28 September to 27 November 2018.
- *Special experience (hands-on workshops, courses and clinical practice) in:
 - 1- Intra-articular injections.
 - 2- Soft tissue injections.
 - 3- Musculoskeletal ultrasonography.
 - 4- Ultrasonography guided local injection techniques.
 - 5- Electrodiagnosis (nerve conduction studies and electromyography).
 - 6- Perineural injections.
 - 7- Musculoskeletal mesotherapy.
 - 8- Platelet rich plasma (PRP) injection.

LANGUAGES:

Arabic: Mother tongue

English: Fluent as regard reading writing and speaking, Passed ILETS test.

INTERNATIONAL CONFERENCES:

- 1- Attending the Annual European Congress of Rheumatology (EULAR), Madrid, Spain, 14-17 June 2017.
- 2- Attending the Annual European Congress of Rheumatology (EULAR), Amsterdam, Netherlands, 13-16 June 2018.
- 3- Poster presentation (Effect of local insulin injection in the treatment of mild to moderate carpal tunnel syndrome in patients with type 2 diabetes mellitus) at the Annual European Congress of Rheumatology (EULAR), Amsterdam, Netherlands, 13-16 June 2018.
- 4- Participating in the meeting (Developing expertise in osteoarthritis management) held from 22-24 September 2016 in Marrakech, Morocco.
- 5- Attending Roche educational course at Cologne University, Germany 10-13 August 2016.
- 6- Participating in the EVA pharma meeting (Updates in osteoarthritis management) held from 8-11 July 2017 in Moscow, Russia.
- 7- Attending Roche educational course (Updates in biologic therapy) at Copenhagen center for arthritis research, Copenhagen University, Denmark, 27-30 September 2017.
- 8- Participating in the EVA pharma meeting (Updates in rheumatoid arthritis management), Prague, Czech Republic, March 2018.
- 9- Attending the Liptis pharma scientific meeting, Sofia, Bulgaria 25-28 July 2019.

- 10- Attending the fifth international symposium of intraarticular treatment (ISIAT) conference held in Lisbon, Portugal 3-5 October 2019.
- 11- 12 participations in the International conference of the Egyptian Society of joint diseases and arthritis in the years 2008 to 2020.
- 12- Six participations in the International Congress of the Egyptian Society of Rheumatology and Rehabilitation (EGYRAR).
- 13- Attending the international Annual Rheumatology and Orthopedic Meeting (AROM) in the last 10 years 2010 to 2019.
- 14- Treasurer and organizer of Minia Rheumatology congress over 12 years from 2008 to 2019.
- 15- Case presentation (Takayasu Arteritis) at the International conference of the Egyptian Society of joint diseases and arthritis February 2016.
- 16- Speaker (post-operative flexor tendon rehabilitation) in the hand and microsurgery meeting, Atun hotel, Minia, Egypt 14 March 2018.
- 17- Speaker (different faces of ocular involvement in rheumatology) in the second Minia ophthalmology annual conference 17-18 November 2016.
- 18- Speaker (uveitis in different rheumatological disorders) in the fourth Minia ophthalmology annual conference 2-3 May 2018.

- 19- Attending the 4th annual meeting of the Egyptian league against rheumatism (ELAR) at New Cairo, Dusit Thani hotel, Egypt, April 20-22, 2016.
- 20- Speaker (early detection and outcome prediction of juvenile idiopathic arthritis) in 19th Minia rheumatology conference 17-18 March 2015.
- 21- Speaker (post-operative flexor tendon rehabilitation) in 22th Minia rheumatology conference 15 March 2018.
- 22- Treasurer of the Upper Egypt rheumatology, rehabilitation and immunology society (UERRIS) since 2013 till now.
- 23- Attending the first Fayoum rheumatology conference (Highlights on major rheumatic diseases) held on 22th October 2015 at Helnan Auberge, Fayoum, Egypt.
- 24- Attending the 17th annual conference of the Egyptian society of osteoporosis and geriatrics 22-23 March 2018.
- 25- Attending the second Fayoum rheumatology conference, held at Helnan Auberge, Fayoum, Egypt, 3-4 November 2016.
- 26- Attending the fifth Fayoum rheumatology conference, held at faculty of medicine, Fayoum University, Egypt, 21th November 2019.
- 27- Attending the fifth international conference of rheumatology and rehabilitation department, Assiut University, Egypt 18 -19 December 2019.
- 28- Frequent participations in many national and international conferences as the international annual meeting of osteoporosis, the Egyptian society of immunology and rheumatology (EGYSIR)

conferences, in addition to multiple other scientific meetings and lectures.

TRAINING COURSES:

- 1- Hands on workshop in electrodiagnosis in Physical Medicine, Rheumatology and Rehabilitation Department, Faculty of Medicine – Ain Shams University on 24-30 June, 2012.
- 2- Organizing and participating in MSUS workshop (Knee& Ankle joints, Basic level) organized by Rheumatology and Rehabilitation Department, Minia University on 18 March 2015 Horus Resort, Minia, Egypt.
- 3- Hands on workshop in management of spasticity, organized by Rheumatology and Rehabilitation Department, Minia University, September 2012 at Minia University hospital, Minia, Egypt.
- 4- Organizing and participating in the Hands on workshop in synovial fluid analysis, organized by Rheumatology and Rehabilitation Department, Minia University, July 2011 at Minia University hospital, Minia, Egypt.
- 5- Attending the local injection workshop organized by rheumatology and rehabilitation department, Alazhar University 3 April 2016.
- 6- Participating in the sonar guided local injection course organized by the Egyptian school of Musculoskeletal Ultrasonography, 26 November 2016.

- 7- Attending the soft tissue and intraarticular injection workshop-ultrasound guided, organized by Rheumatology and Physical medicine department, Ain Shams University, 17 January 2017.
- 8- Participating in the interventional pain management workshop at anesthesia department, Assiut University 23 January 2017.
- 9- Participating in the perineural injection workshop organized by the Egyptian association of physical medicine and rheumatology at El mataria hospital 24 January 2017.
- 10- Participating in the perineural injection workshop organized by the great Cairo physical medicine, rheumatology and rehabilitation association at Sheikh Zaid Al Nahian special hospital, Cairo, Egypt, 19 June 2017.
- 11- Participating in the course and workshop of platelet rich plasma (PRP) organized by the great Cairo physical medicine, rheumatology and rehabilitation association at Sheikh Zaid Al Nahian special hospital, Cairo, Egypt, 2 July 2017.
- 12- Participating in the course and workshop of intraarticular and periarticular injection techniques organized by the great Cairo physical medicine, rheumatology and rehabilitation association at Sheikh Zaid Al Nahian special hospital, Cairo, Egypt, 9 July 2017.
- 13- Participating in the musculoskeletal mesotherapy course and workshop organized by the great Cairo physical medicine, rheumatology and rehabilitation association at Sheikh Zaid Al Nahian special hospital, Cairo, Egypt, 26 June 2017.
- 14- Participating in the Acupuncture course and workshop organized by the great Cairo physical medicine, rheumatology and

rehabilitation association at Sheikh Zaid Al Nahian special hospital, Cairo, Egypt, 10 July 2017.

- 15- Attending the interventions in rheumatology workshop organized by the annual rheumatology and orthopaedic meeting, Alexandria, Egypt, 3 March 2017.
- 16- Participating in the musculoskeletal ultrasonography workshop (intermediate level and interventional techniques) organized by rheumatology and rehabilitation department, Minia University, Egypt, 22 March 2017.
- 17- Participating in the musculoskeletal ultrasonography mentorship intensive day training, organized by the Egyptian school of Musculoskeletal Ultrasonography, 29 December 2016, Kasr Al-Ainy medical school, Cairo, Egypt.
- 18- Attending the basic upper limb course of musculoskeletal ultrasonography organized by the Egyptian school of Musculoskeletal Ultrasonography, 24 November 2016, Kasr Al-Ainy medical school, Cairo, Egypt.
- 19- Participating in the musculoskeletal ultrasonography mentorship intensive day training organized by rheumatology and rehabilitation department, Minia University, Egypt, 23 February 2017.
- 20- Attending the musculoskeletal ultrasonography and low back pain interventional workshop at Arab contractors medical center on 14 July 2017.

- 21- Participating in the advanced interventional musculoskeletal ultrasonography hands on workshop, August 17th 2017, Horus Resort, Minia, Egypt.
- 22- Attending the international EULAR endorsed musculoskeletal ultrasound course (basic level), held in Ramsis hilton hotel, Cairo, Egypt, 13th to 15th October 2017.
- 23- Attending the basic neuromuscular ultrasound course, Assiut University, Egypt 22nd and 23rd November 2017.
- 24- Attending the international EULAR endorsed musculoskeletal ultrasound course (intermediate level), held in Athens, Greece, from November 30 to December 2nd 2017.
- 25- Attending the hands-on basic electrodiagnosis workshop organized by physical medicine, rheumatology and rehabilitation department, Faculty of medicine, Alexandria University, Egypt, at 24th October, 2017.
- 26- Attending the hands-on advanced electrodiagnosis workshop organized by physical medicine, rheumatology and rehabilitation department, Faculty of medicine, Alexandria University, Egypt, at 25th October, 2017.
- 27- Organizing the hands-on basic electrophysiology workshop on the sideline of the 22th Minia rheumatology conference 15 March 2018.
- 28- Participating and organizing the hands-on workshop on EMG techniques interpretation on the sideline of 23th Minia rheumatology conference 14 March 2019.

- 29- Participating in the interventional pain management workshop at anesthesia department, Assiut University 17 January 2019.
- 30- Passed and completed the training course for G-EO system (robotic rehabilitation) provided by Reha Technology AG, at Gaber El Ahmed hospital, Kuwait, 20-21 November 2018.
- 31- Passed and completed the training course for the Armotion provided by Reha Technology AG, at Gaber El Ahmed hospital, Kuwait, 22 November 2018.
- 32- Attending the international diagnostic and interventional neuromuscular ultrasound workshop (intermediate-advanced level), Horus resort, Minia, Egypt. 18-19 January 2018.
- 33- Participating in the musculoskeletal ultrasonography mentorship intensive day training organized by rheumatology and rehabilitation department, Minia University, Egypt, 3 January 2019.
- 34- Tutor in the musculoskeletal ultrasound workshop (basic – intermediate level) under supervision of a Eular certified trainer, organized by rheumatology and rehabilitation department, Minia University, Egypt, 15 March 2019.
- 35- Participating in the musculoskeletal and neuromuscular ultrasonography orientation day, 28 february 2019, Kasr Al-Ainy medical school, Cairo, Egypt.
- 36- Attending the combined musculoskeletal and neuromuscular lower limb ultrasound course, held at the national training institute, Cairo, Egypt. July 4, 2019.

- 37- Attending the EMG and nerve conduction studies course held at the psychiatry teaching hospital, Faculty of medicine, Cairo University, Egypt, 22-June 2019 to 1-July 2019.
- 38- Attending the 6th interventional pain management workshop including spine and entrapment neuropathy ultrasound guided intervention hands on, at faculty of medicine, Assiut University, Egypt. 1st September 2019.
- 39- Co-tutor in the basic musculoskeletal ultrasonography interventional workshop held in the national training institute, Cairo, Egypt. December 12, 2019.
- 40- Participating in the musculoskeletal ultrasonography mentorship intensive day training organized by rheumatology and rehabilitation department, Minia University, Egypt, 9 January 2019.

PUBLICATIONS:

- 1- Early detection and outcome prediction of juvenile idiopathic arthritis, Minia Journal of medical Research. Vol.26, No. 1, Jan, 2015.
- 2- Implementation of Musculoskeletal Ultrasonography in Early Detection of Juvenile Idiopathic Arthritis, European Journal of Rheumatology, opens access, Sept. 2016.
- 3- Carpal tunnel syndrome in rheumatoid arthritis patients: evaluation of the depth by ultrasonography. Minia Journal of medical Research. Vol.27, No. 2, 2016 pages (55-64).

- 4- Ultrasound guided insulin injection for carpal tunnel syndrome in type 2 diabetes mellitus patients. *Clinical Rheumatology* (2019) 38:2933-2940.
- 5- Effect of local insulin injection in the treatment of mild to moderate carpal tunnel syndrome in patients with type 2 diabetes mellitus, *Annals of the Rheumatic Diseases* 2018 (Abstract);77:467. Ismail A, Kamel S, Sadek H, et al, THU0525.
- 6- Efficacy of Hyalase hydrodissection in the treatment of carpal tunnel syndrome: A Randomized double blind controlled clinical trial. *Pain Physician*-D-19-00142R1.
- 7- The Correlation between Pre-Operative Ultrasonographic Median Nerve Evaluation and the Operative Procedure in CTS, *Egyptian Journal of Radiology and Nuclear Medicine*, Manuscript Number: EJRNM-D-18-00088R2.